



LGBTQ+
YOUTH IN CARE

What I offer

Zariyan Syed
(he/they)



Training

LGBTQ+ Inclusion of Young People in Care and Gender Diversity in Care

- Common LGBTQ+ language and terminology
- Cisnormativity and heteronormativity
- Microaggressions
- Lived experiences of LGBTQ+ young people in care
- Gender norms and stereotypes
- Unconscious bias - reflecting on your beliefs
- Recommendations for inclusive practice
- Intersectionality
- Allyship
- Key LGBTQ+ legislation
- Safeguarding
- Reflective scenario activities
- Opportunity for discussion/Q&A
- Certificate of completion
- PDF of resources, presentation and terms sheet provided via email

Resource Development

Accessible resources for professionals and service users

- Creating tailored resources in the form of information videos, booklets, recorded webinars and other personalised formats
- Consulting and collaborating with professionals to coproduce resources

costs on enquiry

Speaking

Keynote Speaker Sharing Lived Experiences of the Care System

- Importance of chosen family in care
- Supporting LGBTQ+ care experienced young people
- "Connecting to your why" and other motivational workshops
- Lived experiences with foster carers and social care professionals
- Best practice tips
- Allyship and compassion
- Examples of lived experience from coproduced research
- Tailored talks based on your requirements



- I am available to deliver trainings, talks and attend meetings in the evenings and weekends if needed.
- An initial meeting is required to discuss your requirements.
- I have a broad service portfolio that goes beyond what is mentioned here - new ideas are always welcome!



I look forward to working with you!